

CONTENTMENT

is deciding to be happy with what you've got.

WEEK FIVE

MEMORY VERSE

"I have learned the secret of being content no matter what happens. I am content whether I am well fed or hungry. I am content whether I have more than enough or not enough." Philippians 4:12b, NIV

BIBLE STORY

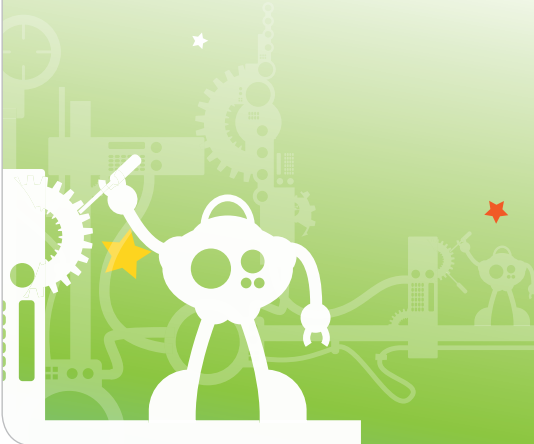
Happy Together • Matthew 6:25-34 ★

BOTTOM LINE

When you focus on God, you don't have to worry. ★

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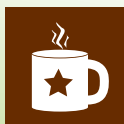
WEEK FIVE



MEAL TIME

Ask a kid: What do you think makes you happy?

Ask a parent: What is something that you thought, "If I could just get _____, I would be happy." What happened when you got it?



PARENT TIME

Want to talk more with your kids about contentment? Use these tools:

Parent Cue App: Centered around a monthly topic, this app sends weekly Cues that remind us to connect with our kids whether at home or on the go ★

Studio252.tv: A family website that helps us make the most of everyday moments at home to build a spiritual legacy in our family ★

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